2000 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

Table 40: Duration of Sedentary Activities among California Adolescents

Yesterday, how many minutes or hours did you watch television or videos or play video or computer games that were for fun?

Yesterday, how many minutes or hours did you use a computer for homework or for learning? Do not include time spent on the computer at school.

	Mean Minutes Spent Watching TV/Playing Computer for Fun		Mean Minutes Spent Doing Homework on the Computer	
Total	134		26	
Gender				
Males	144	**	28	
Females	124		25	
Ethnicity				
White	124 ^a	**	25 ^a	***
African American	174 ^b		25 ^a	
Latino	136 ^a		20 ^a	
Asian/Other	141 ^{ab}		54 ^b	
Gender by Age				
Males				
12-13	152		26	
14-15	143		29	
16-17	138		29	
Females				
12-13	129 ^{ab}	*	20	
14-15	138 ^b		30	
16-17	104 ^a		25	
Smoking Status				
Non-Smokers	136		27	
Smokers	117		22	
Physical Activity Status				
Regular	130	*	26	
Irregular	152		30	
Overweight Status				
Not at Risk	130	*	25	
At Risk/Overweight	148		32	

Analyses performed on log transformed data.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

ANOVA

- * p<.05
- ** p<.01
- *** p<.001